



Vegetarian Cabbage Rolls (soy)

Tender leaves stuffed to bursting with a flavourful soy protein/ rice mix, rolled by hand and baked to perfection

INGREDIENTS

Cabbage, water, tomato paste, textured soy protein (contains caramel), wheat gluten, rice, canola oil, vegetarian Worcestershire sauce (water, fancy molasses, vinegar, tamarinds, hydrolysed soy protein, salt, onion, garlic, shallots, spices, natural flavour), dehydrated onions, dehydrated garlic.

PREPARATION INSTRUCTIONS

Note: This product is precooked for your convenience. Heat from frozen state.

Oven: Preheat to 350°F (180°C). Place cabbage rolls in oven-proof container, add sauce of choice, place on center rack and bake approximately 1 hour (until an internal temperature of 165°F (74°C) is reached). Let stand 5 minutes before serving.

Microwave: Place cabbage rolls in microwavable container; add sauce of choice, microwave on high approximately 5-7 minutes (until an internal temperature of 165 °F (74°C) is reached). Let stand 5 minutes before serving.

FREE OF MEAT, FISH, POULTRY, EGGS, DAIRY, MUSHROOMS, NUTS and TRANS FAT

KEEP FROZEN

UPC Code: 8-35541-00550-0

Pack Size: 600 gm bag (approx. 5 servings)

Nutrition Facts Valeur nutritive

Serving size about 1/5 package (120 g)
Portion environ 1/5 paquet (120 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 130	
Total Fat / Lipides 5 g	8 %
Saturated / saturés 0.4 g	
+ Trans / trans 0 g	2 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 470 mg	20 %
Total Carbohydrate / Glucides 12 g	4 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 5 g	
Protein / Protéines 10 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	6 %
Iron / Fer	10 %

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