



# Mexicali Samosa

*A tantalizing mixture of soy protein and 'south of the border' herbs & spices wrapped in a crispy envelope*

## INGREDIENTS

**Filling:** Water, textured soy protein (contains caramel), organic pinto beans, tomato paste, canola oil, vegetarian Worcestershire sauce (water, fancy molasses, vinegar, tamarinds, hydrolysed soy protein, salt, onion, garlic, shallots, spices, natural flavour), wheat gluten, dehydrated onions, dehydrated garlic.

**Pastry:** Flour, vegetable oil, salt, baking powder, water.

## PREPARATION INSTRUCTIONS

**Note:** This product is precooked for your convenience. Heat from frozen state.

**Oven:** Preheat to 375°F (190°C).

Place frozen samosas single layered on cookie sheet on middle rack, bake approximately 10-15 minutes (until an internal temperature of 165 °F (74°C) is reached).

**Microwave:** Cook 1-2 minutes (until an internal temperature of 165 °F (74°C) is reached).

**FREE OF MEAT, FISH, POULTRY, EGGS, DAIRY, MUSHROOMS, NUTS and TRANS FAT**

**KEEP FROZEN**

**UPC Code:** 8-35541-00553-1

**Pack Size:** 400 gm box (approx. 4 servings)

## Nutrition Facts Valeur nutritive

Serving size 2 pieces (100 g)  
Portion 2 morceaux (100 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories/Calories</b> 280	
<b>Total Fat/Lipides</b> 14 g	<b>22 %</b>
Saturated/saturés 1 g +Trans/trans 0 g	<b>5 %</b>
<b>Cholesterol/Cholestérol</b> 0 mg	
<b>Sodium/Sodium</b> 480 mg	<b>23 %</b>
<b>Total Carbohydrate/Glucides</b> 26 g	<b>9 %</b>
Fibre/Fibres 3 g	<b>12 %</b>
Sugars/Sucres 4 g	
<b>Protein/Protéines</b> 14 g	
Vitamin A /Vitamine A	0 %
Vitamin C /Vitamine C	0 %
Calcium /Calcium	20 %
Iron /Fer	15 %

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